

www.CareForTheTroops.org

Addressing The Invisible Wounds of War



COOPERATIVE BAPTIST FELLOWSHIP
Georgia

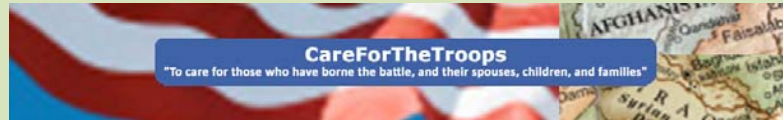
Nov 8, 2010

Mission: ... facilitating the spiritual and psychological care of returning war veterans and their extended families

Rev. Robert Certain
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770-977-7473

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Causes for Concern



1. Multiple deployments are common causing stress and family attachment issues
2. An April '08 Rand Study reported 37% have either PTSD, TBI, or significant Mental Stress (5% all 3). Some estimate >50% return with some form of mental distress
3. Suicide, alcoholism, domestic abuse and violent crimes rates are rising. Suicide is 33% higher in '07 over '06, 50% higher in '08, equal to '08 by May of '09. As of summer 2009, 761 killed in Afghanistan, yet 817 suicides in all services over the same period. 2010: military > civilian suicides
4. Military Sexual Trauma (MST) is running at 16%-23%
5. In 2008, military children and teens sought outpatient mental health care 2 million times, a 20% increase from '08 and double from the start of the Iraq war ('03)
6. DoD and VA facilities are stretched ... the Aug 2009 VA claims backlog was 900,000; April 2010 backlog has improved to 605,000
7. Many more Reservists & Guard than previous wars (54% as of mid '08) and they and families are more distant from DoD and VA support facilities
8. Other mental health, marriage, and family problems often occur with or leading up to PTSD requiring attention so they don't get worse
9. Rand Study ('08) estimates that PTSD and depression among service members will cost the nation up to \$6.2 billion in the two years after deployment. Investing in proper treatment would actually save \$2 billion within two years.

Mission of CareForTheTroops.org



- Work to improve the ability of the **civilian mental health** infrastructure in the State of Georgia, then nationally, to work with military family members
- Facilitate connecting military families to providers of **spiritual and psychological services** familiar with the military culture and trauma
- Focus on addressing combat stress recovery as well as other spiritual and mental health related problems impacting the marriages and families of military veterans
- Educate and train clinicians, **congregation and community leaders**, extended family, and civilian groups about the military culture and trauma associated with military deployments in order to better assess and treat mental health symptoms, and provide more effective referrals and care
- Provide opportunities for additional trauma treatment training to clinicians
- Operate in an **interfaith, non-political** manner, focusing on the humanitarian interest that benefits the veterans and their extended family members

Organization



501c3 status has already been approved by the IRS

Current Board of Directors:

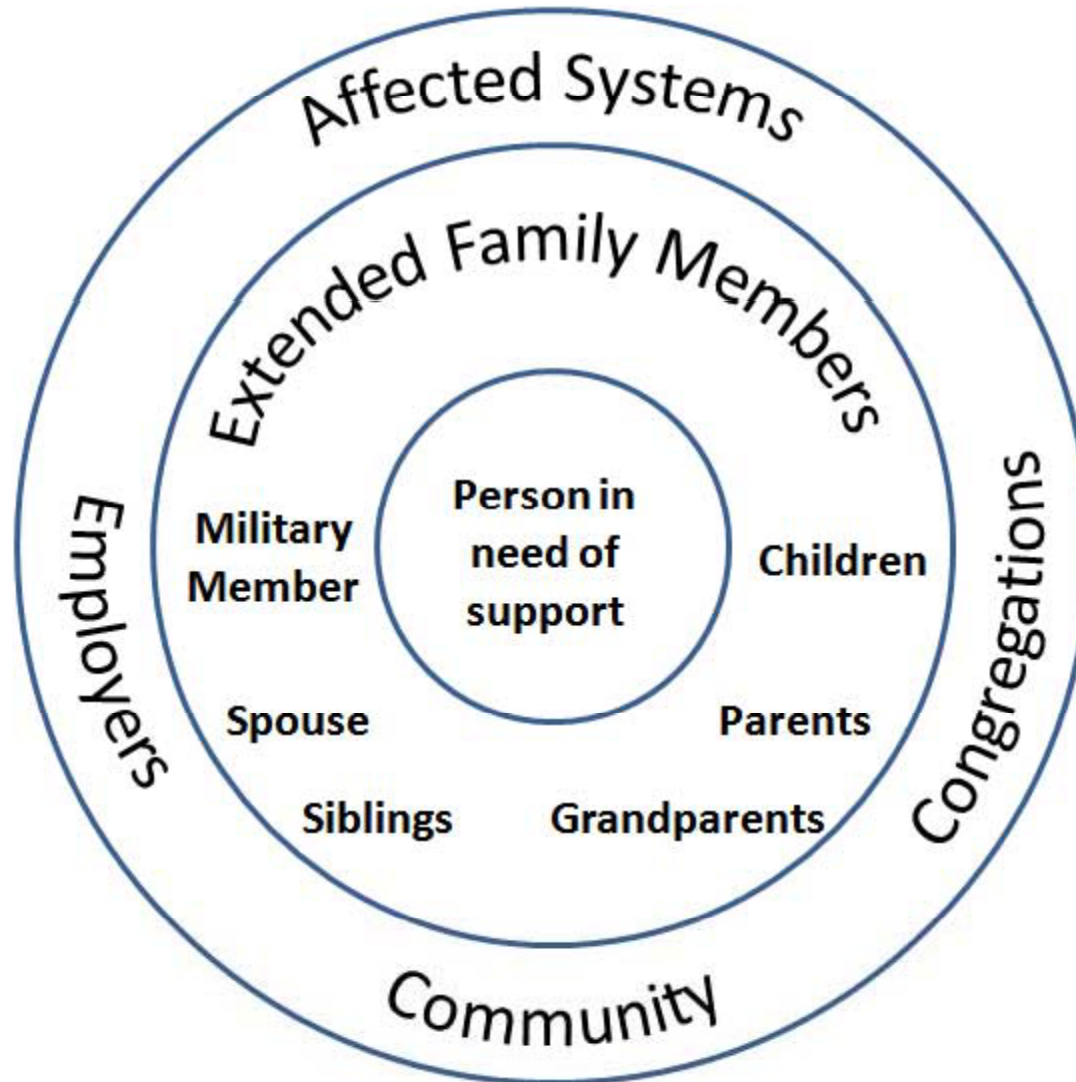
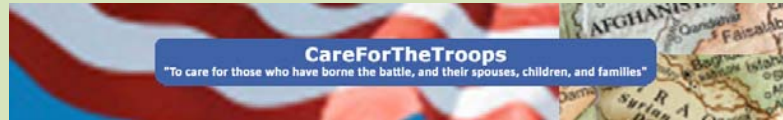
President	Rev Robert Certain, Rector, Episcopal Church of St Peter and St Paul (USAF)
Exec Director	Peter McCall (USArmy)
Member	Bill Harrison, Partner, Mozley, Finlayson & Loggins LLP (USAF)
Member	William Matson, Exec Director, Pathways Community Network, Atlanta, GA
Member	Alan Baroody, Exec Director, Fraser Counseling Center, Hinesville, GA
Member	Joseph Krygiel, CEO of Catholic Charities, Archdiocese of Atlanta (US Navy)
(open)	Presbyterian
(open)	CBF (Cooperative Baptist Fellowship)
(open)	Lutheran

Current Partners:

The Georgia Association for Marriage and Family Therapy (GAMFT)
The EMDR Network of Clinicians in Georgia
Pathways Community Network, Inc
Fraser Counseling Center, Hinesville, Georgia
Catholic Archdiocese of Atlanta
Cooperative Baptist Fellowship (CBF) of Georgia
Episcopal Diocese of Atlanta
Episcopal Diocese of Georgia
Lutheran ELCA Southeast Synod
Presbytery of Greater Atlanta/Presbyterian Women



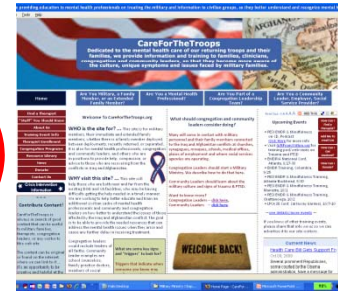
Approach



Programs



A Comprehensive Web Site Feeds and Supports Our Programs



Clinicians / Therapists

Military Culture 101
Conference Workshops
EMDR Weekends 1 & 2
On-Line Training
Training Calendar
Information Resources
Articles / Reports / Presentations
Therapist Database

Congregations / Clergy

Information Workshops
Military Ministry Programs
-Veteran Friendly Congregation
-Lead Congregation
-Program Guidebook
Clergy/Lay Leader Training
- Signs of Trauma and Spiritual Wounds
- Referral Source Information

This is the top of the Home Page

CareForTheTroops

Dedicated to the mental health care of our returning troops and their families, we provide information and training to families, clinicians, congregation and community leaders, so that they become more aware of the culture, unique symptoms and issues faced by military families.

Are You Military, Contractor, a Family Member, or an Extended Family Member?

Are You a Mental Health Professional?

Are You Part of a Congregation Leadership Team?

Are You a Community Leader, Employer, Social Service Provider?

Find a Therapist

"Stuff" You Should Know

About Us

Training Info

Therapist Enrollment

Congregation Programs

Financial Management

Resource Library

News

Donate

This site is for military their family



ing from the conflicts... What you see in military families.



What should congregation and community leaders consider doing?

Many will come in contact with military personnel, civilian contractors, and their family members connected to the Iraq and Afghanistan conflicts at churches, synagogues, mosques, schools, medical offices, places of employment and where social services agencies are operating.

Congregation Leaders should start a Military Ministry; whether a large or small congregation. We describe how to do that here.

Community Leaders should learn about the military culture and signs of trauma & PTSD.

Want to know more?
Congregation Leaders -- [click here](#),
Community Leaders -- [click here](#).



A Message From Our CFTT President,

ON-LINE TRAINING NOW AVAILABLE

[Click Here](#)

CareForTheTroops will sponsor a set of EMDR Training Weekends July 15-18 and Nov 5-7 in Macon, GA. These weekends are co-sponsored with The Georgia Association of Community Service Boards and GAMFT. [Click Here](#) for more info

Visit [GiftFromWithin.org](#) for training pod/web-casts on Trauma

Visit our Training Calendar for Upcoming Events



If you know of other training events, please share that info we us so we can advertise them to our site visitors.

Current News

[Blog Post » Brain Scans – Not Q](#)
by Thomas Insel - 3 hours ago

Despite promising advances as a research tool, brain imaging is not quite ripe for clinical application in

[NPR-Military Mental Health](#)

Training Development
• Fraser Counseling Center

WHY VISIT THIS SITE? ... This site will help those who are both near and far from the existing DOD and VA facilities; who may be having difficulty getting the help needed in a timely manner. We are working to

This shows the first 4 search results for Fulton



CareForTheTroops
 "To care for those who have borne the battle, and their spouses, children, and families"

Are You Military, a Family | Are You a Mental Health | Are You Part of a | Are You a Community

LIST ORDER filtered by county, then zip

Therapists with multiple addresses will be listed multiple times

Therapists with no military culture training, experience or background in their profile will not be listed

ID: 140 NAME: Ms Nina M Laltrello, LMFT ADDRESS: 3534 Old Milton Parkway, Alpharetta, GA 30005 COUNTY: Fulton (north) REGION: NW PHONES: O: 770-908-7391 C: 770-908-7391 F: 678-624-0258 SPECIALTIES: PTSD, Marriage/Couples, Mindfulness Based Stress Reduction, Family, Addiction OTHER SPECIALITIES: Certified Clinical Alcohol and Drug Counselor INSURANCE PANELS: not on any panels	EMAIL: nina_laltrello@hotmail.com DEGREES: Bachelor of Business Administration, Master of Family Therapy OTHER LANGUAGES: MILITARY CULTURE TRAINING COURSES ATTENDED: MILITARY CULTURE BACKGROUND AND EXPERIENCE: Bosnia~Joint Endeavor/Guard~Era
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searching for a therapist who wants to work with military families.

CareForTheTroops is always in search of good content that can be useful to military families, therapists, congregation leaders, or any visitor to this web site.

The content can be original or found on the internet where we can link to it ... it's an opportunity to be creative and helpful at the same time. Please send to cftt@careforthetroops.org

SPECIALTIES: PTSD, Family, Children/Play Therapy, Addiction OTHER SPECIALITIES: Vocational, Career, educational counseling INSURANCE PANELS: Cigna, Humana	Vietnam Era
ID: 123 NAME: Karen L McCarty, LMFT, LPC ADDRESS: The Link Counseling Center 348 Mt. Vernon Hwy., Atlanta, GA 30328 COUNTY: Fulton (north) REGION: NW PHONES: O: 404-256-9797 C: 404-213-6172 SPECIALTIES: PTSD, EMDR, Marriage/Couples, Mindfulness Based Stress Reduction, Family INSURANCE PANELS: We do not take any insurance at The Link	EMAIL: kgm@mindspring.com DEGREES: psychology, Community Counseling OTHER LANGUAGES: MILITARY CULTURE TRAINING COURSES ATTENDED: MILITARY CULTURE BACKGROUND AND EXPERIENCE:
ID: 144 NAME: Dr john j parrino, PhD ADDRESS: Dr. John J. Parrino 990 hammond dr. ste 575, atlanta, GA 30328 COUNTY: Fulton (north) REGION: NW PHONES: O: 404-843-1612 F: 404-843-0948 SPECIALTIES: PTSD, EMDR, Marriage/Couples, Family	EMAIL: jjparrino@aol.com DEGREES: doctorate, doctorate, post-doc-psychopharmacology OTHER LANGUAGES: MILITARY CULTURE TRAINING COURSES ATTENDED: MILITARY CULTURE BACKGROUND AND EXPERIENCE:

EXAMPLE

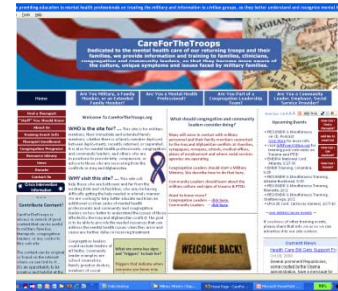
Agenda – Military Culture 101 Workshops

Topic	Duration	Comments
Intro and Opening	10	Presenters, Goals and Agenda Oath of Enlistment
CareForTheTroops.org	20	Overview Mission / Role of Clinicians Show Key Website Components for Clinicians Review Enrollment and Marketing Assistance
En'visioning' the Issues	40	Brothers at War Trailer Audience Discussion Fraser Center Perspective
Military Culture	35	Jargon and Organization Deployment/Family Life Cycles Stressors
Clinical Treatment Background Info	45	Demographics PTSD-Signs and Treatments Family Therapy Approaches Case Study
Insurance Considerations	15	Insurance Overview @Fraser Ctr.
Q&A and Closing	15	On-Going Discussion

Programs



A Comprehensive Web Site Feeds and Supports Our Programs



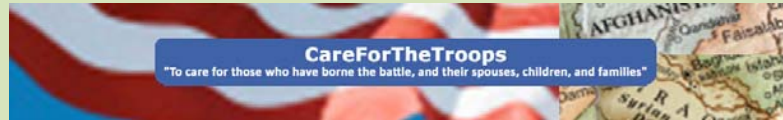
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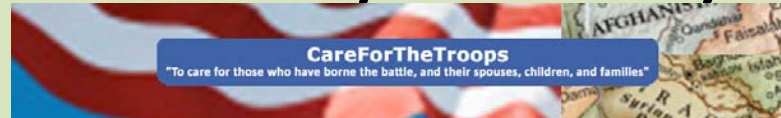
Why Congregations



- “...With research consistently showing that clergy - not psychologists or other mental health experts - are the most common source of help sought in times of psychological distress...” based on a Baylor University study Oct 2008 *The results were published in Mental Health, Religion and Culture.*
- Congregations already know their local community which is important if we are to address the needs across the entire State (and Nation).
- Often they already belong to a local interfaith community, e.g. the local Covenant Churches of East Cobb
- There is the opportunity to access the existing “networks” within the larger faith communities, e.g. the Catholic Archdiocese of Atlanta with the help of the Catholic Charities Atlanta network.



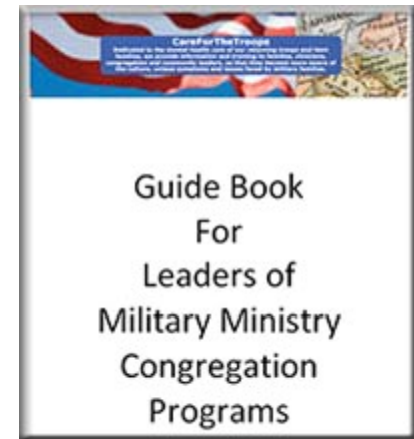
Military Ministry



Purpose

The ministry approach is intended to address the entire extended family members associated with the person that is or has been in the military. The ministry has the following goals:

- Help the congregation members maintain an **awareness** of the existence and needs of those sacrificing their time and effort to support our country
- Create an **environment of acceptance** within the congregation for any extended family member who worships or visits the congregation; acceptance of their needs (physical, material, and spiritual), and a willingness to join in their struggles, whatever they might be



Military Ministry Programs

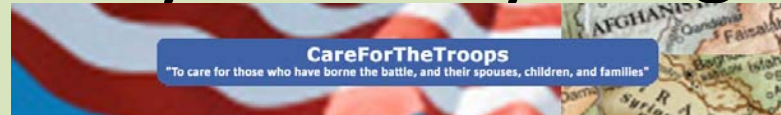


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Military Ministry Programs - Examples



- St Peter Chanel Catholic Church Website – Roswell
www.stpeterchanel.org/ministry/military/index.html

- Good Shepherd Episcopal – Covington
Operation Sandbox

- St Thomas – Columbus
www.booksforsoldiers.com



- St Thomas Aquinas – Blue Star Group
Banner and Care Packages

- Pens and School Kits initiative
Brothers at War Movie
<http://operationinternationalchildren.com>



Veteran Friendly Congregation (VFC)



Program Requirements

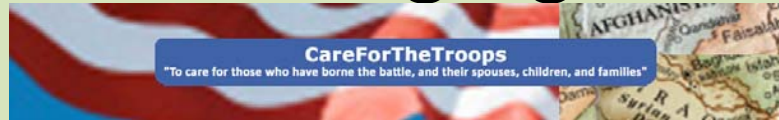
Any congregation that meets the following criteria qualifies on an annual basis. Once qualified, a certificate will be sent to the Congregation Leader which is suitable for framing and can be displayed in a prominent location so that it can be seen by visitors, members, and leaders of the congregation alike.

“Becoming a VFC is making a commitment to have a Military Ministry”

Annual Criteria

- Agree to adopt or implement one or more Military Ministry Programs.
- Agree to advertise the existence of the Military Ministry Program(s) in one or more of your congregation’s publications (service bulletins, newsletters, etc) at least twice a month, all year long so that their existence is easily visible to visitors, members, and leadership of the congregation.
- Annually, renew your agreement with the provisions above by sending a letter to the CareForTheTroops office address shown on the web.

Lead Congregation



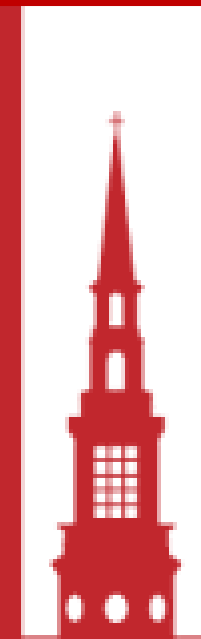
Program Requirements

Lead Congregations are the **LEADERS** in their geographic area and are responsible for spreading the word about this help. They are also responsible to spread this across the State and the Nation.

Annual Criteria

- Be an overall advocate and emissary of the CareForTheTroops program
- Recruit congregations of all faiths on the merits of the program
- Providing feedback to CFTT on how the programs are working and what improvements that are needed to the documentation
- Feedback on new ideas and programs discovered by other congregations that they have already implemented
- Assistance to the Regional Trainers with scheduling and travel
- Help with fundraising if local foundations or private donors would not be asked to participate in other parts of the program. If no congregations exist.

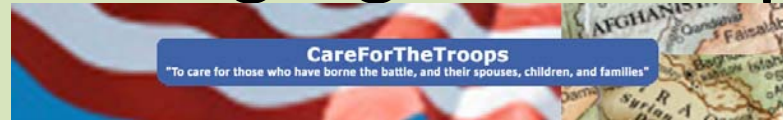
First CBF Congregation to be a VFC and Lead Congregation



First Baptist Church
Augusta, Georgia

Senior Pastor: Greg DeLoach
Ministry Leader: Marcia Buck

VFC vs Lead Congregation Responsibilities



Responsibilities	VFC	Lead Congregation
Establish a Military Ministry Team within the congregation	X	X
Establish at least 1 program approved by CFTT or LC (more desired)	X	X
Advertise the programs in your congregation all year	X	X
Provide an annually signed VFC Commitment Letter to CFTT	X	X
Agree that we can list congregation information on the CFTT site	X	X
Be an advocate and emissary of CFTT in an agreed to geography		X
Recruit congregations of all faiths in the community		X
Advise VFCs on how to get started		X
Communicate with established VFCs and CFTT quarterly		X
Assist Regional Trainers in scheduling training		X
Help with fundraising within the geography agreed to with CFTT		X

“VFC–LC” NEXT STEPS ...

- Gain Agreement from the Congregation’s Leadership for the Ministry
- Assign a Ministry Leader
- Recruit and Form a Core “team”, “group”, “committee”
- Decide which Programs to begin and/or enhance
- Sign-up as a CFTT VFC* – connect with the Lead Congregation
- Consider being a Lead Congregation and work with CFTT

* A VFC is a Veteran Friendly Congregation

EXAMPLE

Agenda – Clergy/Lay Leader Training

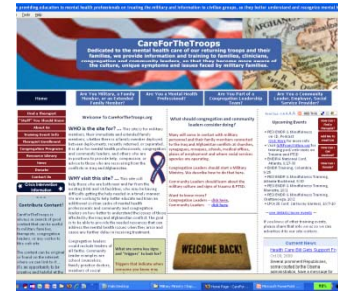
Time	Speaker	Topic
10	St Luke's	Introductions and Opening Remarks
20	Peter McCall	Review what CareForTheTroops is and does www.CareForTheTroops.org
30	Dr Alan Baroody	The Trauma Continuum
10		BREAK
40	Dr Alan Baroody	The Spiritual Wounds of War
30	Peter McCall	Congregations' Response Review how congregations can participate <ul style="list-style-type: none">• Congregations can start Military Ministry Program• Explain the role of a VFC* and Lead Congregation• Describe and ask for VFC* Approval Letters
10	All	Open Discussion and Concluding Remarks

* A VFC is a Veteran Friendly Congregation

Questions ?



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