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## Campaign Urges Military To Utilize Mental Health Resources

Rose Scott (2010-09-10)

ATLANTA, GA (WABE) -

This week, groups have focused on National Suicide Prevention Awareness. One is called The Real Warriors Campaign.

As WABE's Rose Scott reports, it urges service members and veterans to seek mental health resources:

Maj. Ed Pulido had been in the army for 19-years.

In 2004 he was serving in Operation Iraqi Freedom when his career ended short when I hit an improvised explosive device a roadside bomb which would lead to the amputation of my left leg"

That type of trauma is just one of many reasons military personnel experience serious psychological health issues such as depression and suicidal tendencies.

Major Pulido experienced both but did get help.

Through, the Real Warriors campaign, he's working to dispel the stigma that prevents some from getting assistance.

PULIDO:

"I think what the dept. of defense, the VA and others are recognizing in this campaign, there has been a stigma in the past and to make it better is to provide educational support"

In Georgia that support is available thru numerous veteran facilities.

However, Major Pulido says soldiers must feel secure in seeking treatment.

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