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## Faith Community Combats PTSD

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COLORADO SPRINGS - A growing number of soldiers in Colorado Springs are suffering from Post Traumatic Stress Disorder. However, a local group of faith leaders and Army representatives came together to both teach and learn more about PTSD.

"The information and ability for the churches to manage all those issues was lacking, so we are trying to partner with the churches to help them build up knowledge and resources," said Brian Duncan with Faith Community Education Collaborative.

As always, Army encourages soldiers to talk about their problems, but this will give them another channel. Fort Carson Commanding General Major General Mark Graham said people can go downtown to their faith-based community of choice or to a place of faith on base. If you are interested in getting involved, there will be another workshop in September. You can email Brian Duncan for more information at [briand@ppbhg.org](mailto:briand@ppbhg.org).



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